

10 Day Detox Diet Cookbook Partner Email series

Subject Line Options

- [1] Melt Fat With These Bonus Recipes
- [4] Seriously Tasty Fat Burning Foods
- [5] Unbelievably Delicious Detox {Bonus}

Hi [Name],

When you hear the words “Detox Diet,” what do imagine eating?

Celery sticks? Lemon water? Nothing?

Well, you can detox and shed pounds that way if you insist... but there’s a much better (and tastier) way.

My good friend Dr. Mark Hyman has written *The 10 Day Detox Diet Cookbook*, a delicious collection of recipes that will help you lose 10 pounds and start feeling healthier in as little as 10 days!

To celebrate the launch of *The 10-Day Detox Diet Cookbook*, Dr. Hyman is giving away 28 detox recipes and a starter kit to jumpstart your weight loss.

[Request your bonus recipes and starter kit right now.](#)

This collection of great-tasting detox recipes has something for everyone, including vegetarian and vegan options. Download them immediately and start sampling mouthwatering dishes, such as:

- Morning Glory Muffins
- Green Goddess Smoothie
- Avocado Stuffed with Creamy Chicken Salad
- Miso Soup with Beef and Bok Choy
- Inside Out Burgers with Zesty Carrot Fries
- And many more!

In addition to these tasty, easy-to-prepare recipes, your starter kit also comes with these quick start guides to help you shift your body into fat-burning mode right away:

- **5 Tips to Blast Belly Fat** – trim your waistline using these 5 simple secrets (no need to do hundreds of sit-ups!)

- **The 10-Day Detox Diet Roadmap** – learn how my detox approach works...and why it provides fast, lasting results for so many people!

You'll also get a few extra surprises to help make it easier to jumpstart your weight loss and reboot your health.

The great thing about these recipes is that they are very simple and quick to make. You won't need exotic ingredients or hours of preparation, so you can get dinner on the table faster than getting takeout.

Grab them while you can – these complimentary recipes are here for a limited time before the cookbook is available.

To your health and happiness,
[Partner name]

P.S. This is not your typical detox food... these recipes taste like gourmet dining! But instead of overloading your body with excess sugar and processed garbage, they contain healthy, whole ingredients to put you in fat-burning mode.

Don't forget – this bonus is only available for a limited time.

Request your bonus recipes and starter kit right now.

Email #2

Subject Line Options

- [2] Last Chance: Bonus Detox Recipes
- [4] Don't Miss: 28 Detox Recipes For You
- [5] Did You Grab Your Detox Starter Kit?

Hi [Name],

Just in case you missed my last email...

Dr. Hyman is giving away these delicious detox recipes and a special starter kit in celebration of the launch of his new book, *The 10 Day Detox Diet Cookbook*.

They are all yours for the asking, but only for a limited time.

Click here to request your bonus detox recipes and starter kit.

It may surprise you that detox foods can taste this good AND still help you shed pounds. But they are proven to work... even in as little as 10 days.

Dr. Hyman has tested the plan with over 600 people. In just 10 days, they collectively lost over 4,000 pounds – that’s an average 6.7 pounds each!

They also reversed or eliminated many symptoms of chronic disease – such as headaches, joint pain, insomnia, constipation, digestive distress, and more.

You can try it out for yourself with this special detox starter kit. Sample 28 delicious detox recipes and use these quick start guides to help you shift your body into fat-burning mode right away:

- **5 Tips to Blast Belly Fat** – trim your waistline using these 5 simple secrets (no need to do hundreds of sit-ups!)
- **The 10 Day Detox Diet Roadmap** – learn how my detox approach works...and why it provides fast, lasting results for so many people!

You’ll also get a few extra surprises to help make it easier to jumpstart your weight loss and reboot your health.

The 10 Day Detox Diet Cookbook is almost ready... in the meantime, take advantage of Dr. Hyman’s generous gift of the detox starter kit and recipes.

They’re all yours, but only for a limited time.

To your health and happiness,
[Partner name]

P.S. Permanent weight loss and good health starts in your kitchen. Dr. Hyman has simplified healthy eating in *The 10 Day Detox Diet Cookbook*.

His new book includes vegetarian, vegan, and gluten-free options, plus time-saving tips to help fit cooking into busy schedules.

You can get a free sample by requesting the bonus recipes and starter kit.

[Click here to request your bonus detox recipes and starter kit.](#)